



# atlas

PAIN CARE  
Coimbatore



**For Appointment: 81 2546 2456**

[www.atlaspaincare.in](http://www.atlaspaincare.in)



Pain is part and parcel of our life. When we sprain a muscle or twist an ankle or get minor burns when we cook, we cringe in pain. It is unavoidable and serves the important function of telling our brain that our tissues are damaged, so that it could be protected. It, however, goes away after a while.

Persistent pain is a fraction of pain that nature cannot heal, that does not resolve over time, and that which could get worse. In persistent low back pain, for instance, the pain serves no purpose in telling our brain for years together that there is a problem in the spine. Especially, when the MRI scan says that there is not much damage.

Such pain, which assumes a life of its own, interferes with our daily routine, forces us to quit activities that we enjoy, and just makes life miserable.

**For Appointment: 81 2546 2456**

[www.atlaspaincare.in](http://www.atlaspaincare.in)

## Why Atlas Pain Care?

At Atlas Pain Care we manage various types of persistent severe pain conditions. Specialist doctors with vast experience in pain management, work in collaboration with other specialities, to treat the various facets of your pain problem. We bring in unparalleled expertise in the management of chronic pain conditions including, but not limited to, back pain, neck pain, knee pain, shoulder pain, heel pain, nerve damage pain, cancer pain and joint pains.

We offer a wide range of treatment options that are scientifically proven, effective and safe. Our multidisciplinary approach is tailored to provide customized solutions on an individual basis. Our focus is to help you manage your distress, and get you on the road to recovery, thereby making a significant difference to your life.



**81-2456-2456**

**We provide the highest standard of quality care with the most technologically advanced treatments that are available today.**

## **What do we offer?**

### **Interventional Pain Medicine**

Interventional pain medicine is our speciality. You will benefit from remembering that, when conventional medical treatments such as tablets and pills do not help, or one is fed up with them, there is an alternative. In interventional pain medicine, the first step is to diagnose the source of your pain with precision. This is done with X-ray, Ultrasound or CT-scan guided local anaesthetic injections. Following the diagnosis, long-term solutions to provide pain relief are planned. These include using advanced technologies such as radiofrequency treatment, spinal cord stimulator and spinal pump. There are different injections for different pains, and close to 100 different procedures can be used to help reduce your pain. A significant number of pain sufferers' benefit from our treatments.

## Inter-disciplinary Rehabilitation

Reducing pain is just the start. Our goal is to help you perform your day-to-day activities and professional commitments as normally as possible. Your recovery crucially depends on your physical and mental strengths. We identify those strengths and work alongside you by formulating a multidisciplinary functional rehabilitation program. This is done with the help of our physiotherapists, psychologists, occupational therapists and Yoga and Tai Chi practitioners. It is a truly holistic and integrated approach to recovery. An individualized program involving simple exercises, diet and lifestyle modifications, ergonomics, relaxation techniques and other modalities, helps keep you away from the vicious cycle of pain and maintain a positive outlook.

## So, is it possible to win over persistent pain?

- Of course it is.  
We can provide the solutions to do so.
- Consult us at Atlas Pain Care.  
Or drop in, even if it is simply to seek information for a loved one.

### **It's time to stop suffering and start living.**

- Pain is inevitable. Suffering is optional
- We provide relief from 300 different types of persistent pain
- Individually tailored and customized treatment plans
- Specialist doctors trained and qualified from United States, Canada, United Kingdom and Australia
- A modern inter-disciplinary pain management centre in Tamilnadu

# atlas

PAIN CARE



**Dr. Senthilkumar Raju**  
MBBS, MD, FIPM (CANADA)  
DIRECTOR

Dr.Senthilkumar Raju received his basic medical training and did his anaesthesia residency at Annamalai University, India. He completed his chronic pain fellowship from the Toronto Western Hospital, Mount Sinai Hospital, Toronto General Hospital & Sick Kids Hospital at the University of Toronto, Canada.

Interventional Pain Medicine  
&  
Multi-disciplinary Pain Management

**For Appointment: 81 2546 2456**

74 (New No 36), Krishnaswamy Nagar, Second Layout,  
Ramanathapuram, Coimbatore - 641045.

[www.atlaspaincare.in](http://www.atlaspaincare.in)